Bow LITTLE LEAGUE
Pitchers' Eligibility

Pitching Rules:

A pitcher can pitch a maximum of 6 innings per calendar week

Four or more innings pitched, requires 3 calendar days rest.

Three or less innings pitched, requires 1 calendar day rest.

One pitch constitutes an inning pitched.

Only 3 players age 12 can pitch a maximum of 12 innings per week.

Rest requirements must be observed across calendar week boundaries.

The calendar week begins Sunday, and ends Saturday.

Date	Uniform#	First Name	Last Name	# Innings pitched	Opposing Team	Opposing managers initials